



The Multi-Care Kidney Clinic: Why am I here?

You are here because you have advanced kidney disease. We will work together to manage your kidney disease and prepare you for next steps at the Multi-Care Kidney Clinic (MCKC).

Who can I talk to?

Your MCKC care team includes a:

- Nurse
- Social Worker
- Dietitian
- Nephrologist (Kidney Doctor)
- Pharmacist

What care can I expect?

At your local MCKC, you and your family/caregiver can expect to:

- **Have an orientation** to the MCKC
- **Get education** on kidney health and disease, diet and medication
- **Learn** about your different treatment options, including dialysis, transplant and comprehensive conservative renal care
- **Talk about** your values, goals and preferences for your care
- **Be empowered to make decisions about your care** together with your care team
- **Learn how to manage your kidney disease** and related health complications
- **Get help** organizing your care between other clinics and doctors
- **Have conversations** about how you are adjusting to living with kidney disease during and outside of your clinic visits

How often will I visit?

How often you will visit will depend on the health of your kidneys and your overall health.

You are partners in your care

You and your family/caregiver are important members of your MCKC care team. As partners in your care, you can expect to:

- **Be a key part** of all your healthcare decisions
- **Feel safe** to share your questions or concerns
- **Get care that meets your needs** from a skilled and compassionate care team
- **Give or refuse consent** for any procedure or treatment suggested to you



Questions? Talk to a member of your care team about information and services available, like peer-to-peer support.

Visit the ORN website:
www.ontariorenalnetwork.ca/mckc