

Glomerulonephritis Clinic Information



Why am I here?

You are here because you have a type of kidney disease called Glomerulonephritis (GN). You and your family/caregiver will be working together with your GN care team to manage your kidney disease.

Who can I talk to?

GN Clinics offer complete care, education and support for people with GN, their families, or caregivers. We have a special team of health care providers to help you manage your disease.

The members of your GN care team include:

- Nephrologists (Kidney Doctors)
- Dieticians
- Social Workers
- Pharmacists
- Nurses

How can the GN clinic help with your care?

The GN clinic can help you with the following:

- Access to **expert care closer to home**
- Access to **specialized medications and testing**
- Education to **empower you to decide** what the best treatment option and care plan is for you
- Help to **manage your symptoms**, including physical and mental health concerns
- Access to education and guidance to **promote individual decision making** related to family planning, fertility and contraception
- **Vaccination** review
- Help **organize your care** between other clinics and doctors
- **Assistance** with taking time off work/school and navigating financial programs if required
- Learn about your **kidney disease, diet recommendations and medications**

How can we work together?

We strive to be an environment where patients feel welcome and comfortable with the care team.

As a care team, we:

- Encourage you to **ask questions** about your kidney health.
- **Review** your medications each visit with your care team.
- **Follow-up** on your laboratory tests and results between visits to adjust medications as needed.
- **Encourage** you to be in touch with your team should your health status change in-between clinic visits.

What can the GN clinic do for you?

We are pleased to be partners in your care. We offer one-to-one medical, nursing, pharmacy, nutritional, and social work support to assist you.

When needed, we can refer you to other services as well to ensure holistic care.



To learn more about other resources available for people with GN, talk to your GN care team or visit: ontariorenalnetwork.ca/GNclinics