



TRAVELLING WITH PERITONEAL DIALYSIS

The portability of Peritoneal Dialysis (PD) makes travelling easier than with other forms of dialysis. It is possible to carry your own supplies for short trips and have them pre-delivered for longer trips.

Plan your trip with your clinic and PD supplier in advance. Some of the preparations you need to consider before you travel include:

- Type of dialysis you will use when you are away (APD or CAPD – many people who use APD switch over to CAPD for travel)
- Electricity current at destination if using APD (discuss with dialysis technologist if different from North American voltage)
- Amount of required supplies you need while you are away, including how much you would need in transit
- Cost of delivering your supplies to your destination, if any
- Medical documents, including medication list, for customs as well as in case of emergencies
- Knowing where the closest hospital is to your destination
- Find out if a close hospital has a Nephrology (kidney) department familiar with PD
- Fill the peritoneal cavity with fresh dialysis solution
- Medications. Check with your clinic if you are to bring extra medications such as antibiotics, heparin, ESAs Such as Eprex™ or Aranesp™
- Need for vaccinations and medical insurance